

# NORTHERN VIRGINIA DIALYSIS CENTER, INC.

5249 DUKE ST., SUITE 203  
ALEXANDRIA, VA. 22304 - 2984  
(703) 370-0483

RAPHAEL J. OSHEROFF, M.D.  
MEDICAL DIRECTOR

HENRY LEIBOVICI, M.D.  
CO-MEDICAL DIRECTOR

January 19, 1984

George Pollock, M.D.  
President, Chicago Psychoanalytic Institute  
180 North Michigan Avenue  
Chicago, Illinois 60606

Dear Doctor Pollock:

I have recently been given an award for monetary damages against a health care provider, Chestnut Lodge and two of its associated physicians by the Maryland State Health Claims Arbitration Board in the formal proceeding which took place during the last three weeks in December 1983. I came to Chestnut Lodge for treatment of a severely incapacitated classical agitated depression, i.e., DSM III major depressive illness with melancholia.

The witnesses on my behalf were Doctors Bernard Carroll of Duke University, Gerald Klerman of Harvard University, Donald Klein of Columbia University, Doctor Frank Ayd of Baltimore and William Z. Potter, M.D., Ph.D. of the Psychobiology Research Section, National Institute of Mental Health.

The issues brought forth in this case include, among others:

1. Civil rights and informed consent for psychiatric patients.
2. Failure to use scientific methodology, i.e., "evidence of efficacy" to select a treatment plan for an individual patient.
3. Blatant and willful disregard of known effective somatic treatments in favor of a dogmatic and persistent use of "psychological" (i.e., confrontative) treatments which produced no beneficial results over a prolonged period of time and led to continued and severe marked deterioration in the clinical status of the patient.

Doctor Klerman and our other witnesses feel that the outcome of this case may have far-reaching and "precedent-setting" effects on the enforcing of scientific standards within psychiatric practice. Doctor Klerman intends, in conjunction with the other witnesses, to publish this case in the near future, probably in the American Journal of Psychiatry.

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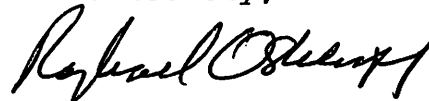
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I am certain that Doctor Klerman would be delighted to discuss his views of this case with you and to give his opinion of the precedent-setting effects it may have on the application of scientific methodology in the choice of psychiatric treatment planning in the future.

I would greatly appreciate the time you will spend in reviewing the material and look forward to hearing from you to set up a personal appointment for further discussion of what may prove to be a very important legal case in terms of future psychiatric practice.

I remain,

Yours sincerely,



Raphael J. Osheroff, M.D.

RJO:DCF:raj

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RAPHAEL J. OSHEROFF, M.D.  
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HENRY LEIBOVICI, M.D.  
CO-MEDICAL DIRECTOR

August 27, 1982

George H. Pollock, M.D., Ph.D.  
Director, The Institute for Psychoanalysis  
180 North Michigan Avenue  
Chicago, Illinois 60601

Dear Doctor Pollock:

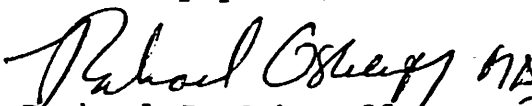
I have recently been informed that you are currently directing studies which involve the use of psychoanalytic techniques in patients who are being treated with various types of psychoactive medications. As this, to my knowledge, represents a rather radical breakthrough in terms of orthodox analysis, it has certainly captured my interest.

I should like to know particularly of your views concerning the use of psychoanalytic "intensive" psychotherapy in patients who are being treated for severe depression with tricyclic drugs or monamine oxidase inhibitors. In terms of psychoanalytic theory, I would be most grateful if you would let me know whether you feel that the use of these medications interferes with the formation of the transference, etc.

I would appreciate receiving some references from you in which these matters are discussed. In addition, I should like to call your office and arrange for a telephone discussion of this matter, possibly preparatory to a pre-arranged personal visit to discuss these subjects.

I look forward to hearing from you at your earliest possible convenience.

Sincerely yours,

  
Raphael J. Osheroff, M.D.

RJO:DCF:sp

**The  
Institute  
For  
Psychoanalysis**

180 N. MICHIGAN AVENUE  
CHICAGO  
ILLINOIS 60601  
PHONE 726/6300

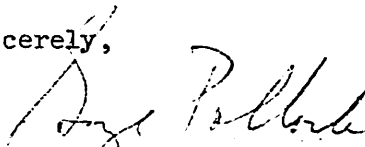
September 8, 1982

Raphael J. Osheroff, M.D.  
Medical Director  
Northern Virginia Dialysis Center, Inc.  
5249 Duke Street, Suite 203  
Alexandria, Virginia 22304

Dear Dr. Osheroff:

Thank you for your letter of August 27. You are quite correct. I am most interested in the issues you describe; however, I have not as yet published on the topic. Specifically, I am interested in the kinds of transferences and different kinds of pathologies that occur, with and without medication. I believe that one can have two or more diseases of the psychic system, each one independent of the other and each requiring special treatment but, as I indicated, I have nothing written on this as yet. Perhaps we can talk sometime.

Sincerely,



George H. Pollock, M.D.  
Director

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RAPHAEL J. OSHEROFF, M.D.  
MEDICAL DIRECTOR

HENRY LEIBOVICI, M.D.  
CO-MEDICAL DIRECTOR

January 19, 1984

Carol Nadelson, M.D.  
Department of Psychiatry  
Tufts University Medical Center  
171 Harrison Avenue  
Boston, Massachusetts 02111

Dear Doctor Nadelson:

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January 19, 1984

John Talbott, M.D.  
160 West 94th Street  
New York, New York 10025

Dear Doctor Talbott:

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